Hurt Me Carefully

Count: 48 **Wall:** 2 **Level:** Intermediate
Choreographer: Ria Vos (Jan 2013)
Music: “Take It Easy On Me” - Beth Hart, Album: My California

Intro: 16 Counts on vocals

Cross with Sweep, Cross Side, 1/8 L Back, Back, 1/8 L Side, -Repeat

1-2	Cross R Over L Sweeping L Around from Back to Front, Cross L Over R
&3	Step R to Right Side, Turn 1/8 Left Step Back on L (10:30)
4&	Step Back on R, Turn 1/8 Left Step L to Left Side (9:00)
5-6	Cross R Over L Sweeping L Around from Back to Front, Cross L Over R
&7	Step R to Right Side, Turn 1/8 Left Step Back on L (7:30)
8&	Step Back on R, Turn 1/8 Left Step L to Left Side (6:00)

Cross Rock & Cross, ¼ L, ½ L, Walk x2, Fwd Rock, Run Back x2, Back with Sweep

1-2	Cross Rock R Over L, Recover on L
&3	Step R to Right Side, Cross L Over R
4&	¼ Turn Left Step Back on R, ½ Turn Left Step Fwd on L
5-6	Walk Fwd R, Walk Fwd L
7&	Rock Fwd on R, Recover on L
8&	Small “Run” Steps Back R-L (Option: Full Turn R)
1	Step Back on R Sweeping L Around from Front to Back

Behind Side Cross, Unwind ½ R, Cross, Point, Basic R, Basic L

2&3	Step L Behind R, Step R to Right Side, Cross L Over R
4&5	Unwind ½ Turn Right ending Weight on R, Cross L Over R, Point R to Right Side
6&7	Rock Back on R, Recover on L, Step R to Right Side
8&1	Rock Back on L, Recover on R, Step L to Left Side

Behind Side Cross, Unwind ½ L, Cross, Point, Drag-Hitch-Step, Fwd Rock

2&3	Step R Behind L, Step L to Left Side, Cross R Over L
4&5	Unwind ½ Turn Left ending Weight on L, Cross R Over L, Point L to Left Side
6&7	Drag L towards R, Small Hitch L, Step Fwd on L
8&	Rock Fwd on R, Recover on L

Back Sweep, Back Sweep, Back, Rock Back, ½ R, ¼ R Sway R, Sway L, Cross Shuffle

1-2-3	Step Back on R Sweeping L, Step Back on L Sweeping R, Step Back on R
4&5	Rock Back on L, Recover on R, ½ Turn Right Step Back on L
6-7	¼ Turn Right Step R to Right Side Swaying Right, Sway Left
8&	Cross R Over L, Step L to Left Side ***Restart Point
1	Cross R Over L Sweeping L from Back to Front

Cross, Back, ¼ L, Cross, ¼ R, ½ R, Step ½ Pivot R, Step Fwd, Side Rock

2&3	Cross L Over R, Step Back on R, ¼ Turn Left Step L to Left Side
4&5	Cross R Over L, ¼ Turn Right Step Back on L, ½ Turn Right Step Fwd on R
6-7	Step Fwd on L, Pivot ½ Turn Right
&8&	Step Fwd on L, Rock R to Right Side, Recover on L

Restart: After count 40& on Wall 2 and 4 both facing front wall

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