'Honesty'

Choreographer Dee Musk (UK) (January 2008)
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48 Count 4 Wall Intermediate Cha Cha with 1 Restart. Approx 88 BPM
Music:- 'All This Woman Needs' Rissi Palmer – Album – Rissi Palmer
16 Count Intro from first beat, start on the word 'Flowers'. Approx 11 seconds.

SIDE ROCK RECOVER CROSS, SIDE ROCK & CROSS, POINT STEP, SWEEP BALL STEP.
1,2,3 Rock R to R side, recover weight to L, cross R over L.
4&5 Rock L to L side, recover weight to R, cross L over R.
6,7 Point R toe out to R side, step R slightly behind L.
8&1 Sweep L anticlockwise, step L behind R, step R forward. **(12 o'clock)**.

¼ TURN R, CROSS SHUFFLE, SWAY SWAY, SAILOR ½ TURN R.
2,3 Step forward on L, make a ¼ turn R.
4&5 Cross step L over R, step R to R side, Cross step L over R.
6,7 Sway R to R side, sway L to L side.
8&1 Making a ½ turn R cross step R behind L, step L to L side, step R in place. **(9 o'clock)**.

SKATE SKATE, CROSS ROCK SIDE, CROSS ROCK, CHASSE ¼ TURN R.
2,3 Skate L, Skate R.
4&5 Cross rock L over R, recover weight to R, step L to L side.
6,7 Cross rock R over L, recover weight to L.
8&1 Step R to R side, close L beside R, make a ¼ turn R stepping forward on R. **(12 o'clock)**.

STEP ½ TURN R, SIDE ROCK & TOUCH, TOUCH SIDE, CROSS, SIDE ROCK & CROSS.
2,3 Step forward on L, make a ½ turn R.
4&5 Rock L to L side, recover weight to R, cross touch L over R.
6,7 Touch L out to L side, cross L over R.
8&1 Rock R out to R side, recover weight to L, cross R over L. **(6 o'clock)**.

BACK SIDE, STEP LOCK STEP, BACK ROCK, L TURN BALL STEP.
2,3 Step back on L, step side on R.
4&5 Step forward on L, cross lock R behind L, step forward on L.
6,7 Rock back on R, recover weight to L.
8&1 Make a ½ turn L stepping back on R, step L beside R, step forward on R. **(12 o'clock).**

½ TURN R, ¼ TURN R, CROSS ROCK ¼ TURN L, STEP ¾ TURN L, SIDE CLOSE.
2,3 Make a ½ turn R stepping back on L, make a ¼ turn R stepping side on R.
4&5 Cross rock L over R, recover weight to R, make a ¼ turn L stepping forward on L.
6,7 Step forward on R, make a ¾ turn L weight ending on L.
8& Step R to R side, close L beside R. **(9 o'clock).**

Restart during wall 5 – Dance to count 4 on section 2. Restart dance facing 3 o'clock wall.

Optional Ending on wall 7– For a smooth finish dance up to count 7 (L crossed over R) on section 4 then unwind ½ turn R to face 12 o'clock wall.

Relax and Enjoy Luv Dee xx

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