

# Mama's Boy (P) Rev.1



Choreographer: Michael Schmidt (2017-07)

Description: 32 count / circle / easy intermediate partner dance

Music: **If You Want A Mother** - Gretchen Wilson [91.5/183 bpm] (03:33)

Alternative: **How I'll Always Be** - Tim McGraw [93/186 bpm] (03:34)

Info: Start dancing on lyrics. Start in Promenade Position holding inside Hands. Both facing LOD.  
Opposite footwork unless otherwise stated.

## 1-8 Heel, Toe, Shuffle, Heel & Heel & Shuffle

1-2 **M:** Touch Right Heel forward, Touch Right Toe back

**L:** Touch Left Heel forward, Touch Left Toe back

3&4 **M:** Step Right forward, Step Left together, Step Right forward

**L:** Step Left forward, Step Right together, Step Left forward

5&6& **M:** Touch Left Heel forward, Step Left together, Touch Right Heel forward, Step Right together

**L:** Touch Right Heel forward, Step Right together, Touch Left Heel forward, Step Left together

7&8 **M:** Step Left forward, Step Right together, Step Left forward

**L:** Step Right forward, Step Left together, Step Right forward

## 9-16 Full Turn, Shuffle, Rock Recover 1/4 Turn, Step Turn Step

1-2 **M:** ½ Turn left stepping back Right, ½ Turn left stepping Left forward

**L:** ½ Turn right stepping back Left, ½ Turn right stepping Right forward

3&4 **M:** Step Right forward, Step Left together, Step Right forward

**L:** Step Left forward, Step Right together, Step Left forward

5&6 **M:** Rock Left forward, Recover onto Right, ¼ Turn left stepping Left side

(ILOD)

**L:** Rock Right forward, Recover onto Left, ¼ Turn right stepping Right side

(OLOD)

7&8 **M:** Step Right forward, ½ Turn left, Step Right forward

(OLOD)

**L:** Step Left forward, ½ Turn right, Step Left forward

(ILOD)

*release hands on count 1 & rejoin on 3, release hands on count 5 & rejoin into Double Hand Hold Pos on count 8*

## 17-24 Side Touches, Side-Together-Side-Touch, Side Touches, Side-Together-Side

1&2& **M:** Step Left side, Touch Right beside Left, Step Right side, Touch Left beside Right

**L:** Step Right side, Touch Left beside Right, Step Left side, Touch Right beside Left

3&4& **M:** Step Left side, Step Right together, Step Left side, Touch Right beside Left

**L:** Step Right side, Step Left together, Step Right side, Touch Left beside Right

5&6& **M:** Step Right side, Touch Left beside Right, Step Left side, Touch Right beside Left

**L:** Step Left side, Touch Right beside Left, Step Right side, Touch Left beside Right

7&8 **M:** Step Right side, Step Left together, Step Right side

**L:** Step Left side, Step Right together, Step Left side

## 25-32 Sailor 1/4 Turn, Shuffle, Walk Walk (L: Full Turn), Shuffle

1&2 **M:** Cross Left behind Right, Turn ¼ left stepping Right in place, Step Left forward

(LOD)

**L:** Cross Right behind Left, Turn ¼ right stepping Left in place, Step Right forward

(LOD)

3&4 **M:** Step Right forward, Step Left together, Step Right forward

**L:** Step Left forward, Step Right together, Step Left forward

5-6 **M:** Walk forward Left & Right

**L:** ½ Turn left stepping back Right, ½ Turn left stepping Left forward

7&8 **M:** Step Left forward, Step Right together, Step Left forward

**L:** Step Right forward, Step Left together, Step Right forward

*release front hands on count 1, on count 5 raise arms over Ladies head*

.... hold your girl, smile & have fun

Song: <https://www.youtube.com/channel/UCxYQylu1qOdeU53IkfizOA> (Gretchen Wilson)

Channels youtube: <https://www.youtube.com/user/BootsInTrouble/videos>

<https://www.youtube.com/channel/UCgOj9WcP-R8-om1ukJJoZPA>

vimeo: <https://vimeo.com/bootsintrouble/videos>