

"Blue Ridge Mountain Girl"

Choreographer: Marie Sørensen (Sunshine Cowgirl) DK & Dwight Meessen - NL February 2015

4 Wall - Improver - 64 Counts

Music: "Blue Ridge Mountain Girl" By Jimmy Buckley

www.amazon.com

Intro: 32 Counts

ROCK, HOLD, RECOVER, HOLD, BEHIND, SIDE, CROSS, HOLD

1-2 Rock right diagonal fwd. right, hold

3-4 Recover, hold

5-6 Cross right behind left, step left to the left side

7-8 Cross right over left, hold (12:00)

ROCK, HOLD, RECOVER, HOLD, BEHIND, 1/4 TURN, STEP FWD. HOLD

1.2 Rock left diagonal fwd. left, hold

3-4 Recover, hold

5-6 Cross left behind right, 1/4 turn right, step fwd. right

7-8 Step fwd. on left, hold (03:00)

STEP FWD, TAP, STEP BACK, HITCH, BACK, HITCH, BACK, HITCH

1-2 Step fwd. right, tap left toe back

3-4 Step back on left, hitch right

5-6 Step back on right, hitch left

7-8 Step back on left, hitch right (03:00)

COASTER STEP, STOMP, STOMP, HOLD, STOMP, HOLD

1-2 Step back on right, step left next to right

3-4 Step fwd. on right, stomp fwd. left

5-6 Stomp fwd. right, hold and clap your hands

7-8 Stomp fwd. left, hold and clap you hands (03:00)

Restart the dance at this point, during wall 4, after 32 counts - Facing 06:00

TOE STRUT RIGHT, LEFT, MAMBO ½ TURN RIGHT, HOLD

1-2 Tap right toe fwd. drop right heel

3-4 Tap left toe fwd. drop left heel

5-6 Rock fwd. right, recover

7-8 ½ turn right, step fwd. right, hold (09:00)

SIDE, HOLD, BACK ROCK, RECOVER, SIDE, HOLD, BACK ROCK, RECOVER

1-2 Step left to the left side, hold

3-4 Back rock, recover

5-6 Step right to the right side, hold

7-8 Back rock left, recover (09:00)

MAMBO, HOLD, COASTER, CROSS, HOLD

1-2 Rock fwd. on left, recover

3-4 Step left next to right, hold

5-6 Step back on right, step left next to right

7-8 Cross right over left, hold (09:00)

BACK, TOUCH, BACK, TOUCH, COASTER CROSS, HOLD

1-2 Step back left, touch right beside left

3-4 Step back on right, touch left beside right

5-6 Step back on left, step right next to left

7-8 Cross left over right, hold (09:00)

RESTART - During wall 4, after 32 counts - Start the dance from the beginning, facing 06:00

Have Fun!

Contact:

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