

4 THE 1

SONG: IN THE ARMS OF THE ONE WHO LOVES ME

ARTIST: TY HERNDON

ALBUM: RIGHT ABOUT NOW OR STRICTLY 35

CHOREOGRAPHER: MICHAEL VERA-LOBOS JULY 2007

ORIGINAL POSITION: FACING 11:00 WEIGHT ON R

START DANCE ON VOCALS - 48 COUNT INTRO

BEATS: STEPS: 4 WALL INTERMEDIATE WALTZ Version 1:00

- 1 - 12 DIAGONAL, DRAG, KICK, STEP BACK, 1/8 L, CROSS, SIDE, REPLACE, CROSS, 1/4 L, 1/2 L, 1/4 L**
 1,2,3,4,5,6 Step Diagonal fwd L, Drag R beside L, Kick R fwd (11:00), Step back on R ,
 Turning 1/8 L Step on L, Cross R over L (*End facing 9:00*)
 1,2,3,4,5,6 Side Rock L, Replace wt on R, Cross L over R, Turning 1/4 L Step back on R, Turn 1/2 L on L,
 Turn 1/4 L on R (9:00)
- 13 - 24 SAILOR WALTZ L, CROSS BEHIND, 1/4 L, 1/4 L, SAILOR WALTZ L, CROSS BEHIND, 1/4 L, 1/2 L**
 1,2,3,4,5,6 Cross L behind R ,Rock R to R, Replace wt on L, Cross R behind L, Turn 1/4 L on L,
 Turn a further 1/4 L on R (3:00)
 1,2,3,4,5,6 Cross L behind R ,Rock R to R, Replace wt on L, Cross R behind L, Turn 1/4 L on L,
 Turn a further 1/2 L on R End wt on R (6:00)
- 25 - 36 STEP BACK, DRAG/TAP, HOOK, FULL SPIN FWD R, STEP FWD, 1/2 PIVOT R RAISE, DROP, 3/4 TURN R**
 1,2,3,4,5,6 Step back L, Drag R towards L tapping it slightly fwd, Hook R across L, Turn a full turn fwd R
 Stepping R,L,R
 1,2,3,4,5,6 Step fwd L, Pivot 1/2 R Raising Heels, Drop weight on L, Step fwd R, Turn 1/2 R Stepping back on L,
 Turn a further 1/4 R Stepping onto R (*End facing 9:00*)
- 37 - 48 DIAGONAL, DRAG, KICK, BACK, SIDE, CROSS, SIDE STEP, DRAG BESIDE, FULL TURN R**
 1,2,3,4,5,6 Step Diagonal fwd R Leading with L (10:00), Drag R beside, Kick R, step back on R,
 Step L to L straightening up to side wall (9:00), Cross R over L
 1,2,3,4,5,6 Large Step L to L, Drag R towards L for two counts, Full Spin R Stepping R,L,R (*End 9:00 - L heel Raised*)
- 49 - 60 1/4 DROP L, 1/2 SWEEP AROUND L, CROSS, SIDE, BEHIND, 1/4 L, 1/2 SWEEP AROUND L, CROSS, SIDE, BEHIND**
 1,2,3,4,5,6 Dropping wt onto L Turn 1/4 L (6:00), Turning a further 1/2 L Sweep R toe around keeping wt on L
 (2 counts) (12:00), Cross R over L, Step L to L, Cross R behind L (*End facing 12:00 wt on R*)
 1,2,3,4,5,6 Turning 1/4 L step onto L (9:00), Turning a further 1/2 L Sweep R toe around keeping wt on L
 (2 counts) (3:00), Cross R over L, Step L to L, Cross R behind L (*End facing 3:00 wt on R*)
- 61 - 72 SIDE ROCK, REPLACE, 1/2 HINGE L, CROSS, 1/4 R, 1/2 R, STEP FWD, 1/4 R, CROSS, STEP SIDE, 1/2 HINGE L, CROSS**
 1,2,3,4,5,6 Rock L to L, Replace wt on R, Hinge 1/2 L Ending by Stepping on L (9:00), Cross R over L,
 Turn 1/4 R Stepping back on L, Turn a further 1/2 R stepping onto R (*End wt on R facing 6:00*)
 1,2,3,4,5,6 Step fwd L, Pivot 1/4 R, Cross L over R (9:00), Step R to R., Hinge 1/2 L on L, Cross R over L (*End facing 3:00*)

TAG: Occurs at end of Walls 2 (Facing back) & 4 (Facing Front wall) traveling to corners.

- 1,2,3,4,5,6 Waltz fwd L into L Corner stepping L,R,L, Step back on R & Turn 1/2 L on L, Step fwd on R into
 new corner
 1,2,3,4,5,6 Step fwd L, Pivot 1/2 R, Step fwd L (Back to original position), Full spin fwd over R (Into corner)
 Start again

FINISH: Music fades near end keep dancing at normal speed to count 69 and turn over L to face front wall

© STRICTLY LINEDANCE: NOEL BRADEY - 0412317589